



CATHEDRAL

Weekly

14th July, 2019

PRICE: Kshs. 30/=

FIFTEENTH SUNDAY

DUTY SCHEDULE FOR JULY 2019

TODAY

07:00 AM HOLY SPIRIT.
 08:00 AM ALLIANCE OF TWO HEARTS.
 09:00 AM ST. MONICA
 10:30 AM YOUTH
 12:30 PM ST. PETER ST. PAUL.
 05:30 PM ST. MICHAEL, ST. LUCY
CLEANING OF THE CHURCH: ST. MICHAEL, ST. LUCY & ALLIANCE OF TWO HEARTS.

21ST JULY

07:00 AM ST. CHARLES LWANGA.
 08:00 AM ST. RITA.
 09:00 AM YOUNG CATHOLIC ADULTS.
 10:30 AM ST. BRIDGET & BIKIRA MARIA.
 12:30 PM ST. ANTHONY & ST. FRANCIS
 05:30 PM ST. KIZITO & ST. BAKHITA.

CLEANING OF THE CHURCH: ST. CHARLES LWANGA & ST. RITA.

CLEANING THE CHURCH
 Every Saturday 7:30am - Jumuiya /Associations

Brooms for sweeping the floor in the sacristy

Cloths for wiping the benches without water
DO NOT USE WATER

Please do not use this newsletter during the readings.
 Kindly listen to the readings.

PARISH OFFICE
 0735 112 288



CONFIRMATION Archbishop Martin Kivuva together with Fr. John Correa and the facilitator of the retreat Sr Olga Massango, Daughters of St. Paul



The candidates for Confirmation line up before the Archbishop

A GUIDE TO THE DAILY READINGS

MONDAY 15th JULY 2019

SATURDAY 20th JULY 2019

Monday 15th July 2019
St Bonaventure, bishop and doctor
 Ex 1:8-14.22
 Ps 124
 Mt 10:34-11:1



Tuesday 16th July 2019

Our Lady of Mount Carmel
 Ex 2:1-15a
 Ps 69
 Mt 11:20-24

Wednesday 17th July 2019

Ex 3:1-6.9-12
 Ps 103
 Mt 11:25-27

Thursday 18th July 2019

Ex 3:13-20
 Ps 105
 Mt 11:28-30

Friday 19th July 2019

Ex 11:10-12:14
 Ps 116
 Mt 12:14-21

Saturday 20th July 2019

St. Apollinaris
 Ex 12:37-42
 Ps 136
 Mt 12:14-21

Reflection

THE GOOD SAMARITAN

Our Gospel passage today is commonly referred to as the parable of the Good Samaritan. Jesus is engaged in a discussion with a doctor of the law concerning the greatest commandment. The parable is in the middle of the gospel of Luke depicting Jesus a pilgrim together with his disciples on their way to Jerusalem.

Jerusalem is represented as the holy city in the bible. The movement of the man from Jerusalem to Jericho is a figure of our departure from holiness to sin, the thieves represent Satan who tempts and takes us away from God's friendship with his wiles and who holds us slaves in our humanity wounded by sins.

The priest and the Levite represent the old law that is not sufficient for our salvation, that will be accomplished by our Good Samaritan, Jesus Christ Our Lord and Savior who comes to the aid of our sinful condition and heals us with the oil of grace and the wine of the spirit. The inn represents the church and the innkeepers the pastors into whose hands Jesus entrusts the care of his people.

Conts. on Pg 4


KUMBUKUMBU LA TORATI. 30:10-14

Ukiwa utafuata sauti ya Bwana, Mungu wako, kwa kuyashika maagizo yake, na amri zake zilizoandikwa katika chuo hiki cha torati; ukimwelekea Bwana, Mungu wako, kwa moyo wako wote, na kwa roho yako yote. Kwa maana maagizo haya nikuagizayo leo, si mazito mno kwako, wala si mbali. Si mbinguni, hata useme,

Ni nani atakayetupandia mbinguni akatuletee, aje atuambie tusikie, tupate kuya- fanya? Wala si ng'ambo ya pili ya bahari, hata useme. Ni nani atakayetuvukia bahari, akatuletee, aje atuambie, tusikie, tupate kuyafanya? Lakini neno li karibu nawe sana, li katika kinywa chako na moyo wako, upate kulifanya.

FORTHCOMING FEASTS

Tuesday 16th July 2019
Our Lady of Mount Carmel

Monday 22nd July 2019
St Mary Magdalene

Thursday 25th July 2019
St James, Apostle

Friday 26th July 2019
Ss Joachim and Anne,
Parents of the B.V. Mary

ZABURI. 68

Nami maombi yangu nakuomba Wewe, Bwana,
Wakati ukupendeza; Ee Mungu,
Kwa wingi wa fadhili zako unijibu.
Katika kweli ya wokovu wako.
Ee Bwana, unijibu, maana fadhili zako ni njema,
Kwa kadiri ya rehema zako unielekee.

(K) Enyi mmtafutao Mungu, mioyo yenu ihuishwe.

Nami niliye maskini na mtu wa huzuni.
Mungu, wokovu wako utaniinua.
Nitalisifu jina la Mungu kwa wimbo,
Nami nitamtukuza kwa shukrani. **(K)**

Walioonewa watakapoona watafurahi;
Enyi mmtafutao Mungu, mioyo yenu ihuishwe.
Kwa kuwa Bwana huwasikia wahitaji.
Wala hawadharau wafunga wake. **(K)**

Maana Mungu ataiokoa Sayuni, na kuijenga miji ya
Yuda,
Wazao wa watumishi wake watairithi,
Nao walipendao jina lake watakaa humo. **(K)**

WAKOLOSAI 1:15-20

Kristo ni mfano wa Mungu asiyeonekana, mzaliwa wa kwanza wa viumbe vyote. Kwa kuwa katika yeye vitu vyote viliumbwa, vilivyo mbinguni na vilivyo juu ya nchi, vinavyoonekana na visivyonekana; ikiwa ni viti vya enzi, au usultani, au enzi, au mamlaka; vitu vyote viliumbwa kwa njia yake, na kwa ajili yake. Naye amekuwako kabla ya vitu vyote, na vitu vyote hushikana katika yeye. Naye ndiye kichwa cha mwili, yaani, cha kanisa; naye ni mwanzo, ni mzaliwa wa kwanza katika wafu, ili kwamba awe mtangulizi katika yote. Kwa kuwa katika yeye ilipendeza utimilifu wote ukae; na kwa yeye kuvipatanisha vitu vyote na nafsi yake, akiisha kufanya amani kwa damu ya msalaba wake; kwa yeye, ikiwa ni vitu vilivyo juu ya nchi, au vilivyo mbinguni. Amina.

Aleluya

Fungua moyo wetu, Ee Bwana, ili tuyatunze maneno ya Mwanao.

LUKA 10:25-37

Siku ile, mwana-sheria mmoja alisimama amjaribu, akisema, Mwalimu, nifanye nini ili niurithi uzima wa milele? Akamwambia, Imeandikwa nini katika torati? Wasomaje? Akajibu akasema, Mpende Bwana Mungu wako kwa moyo wako wote, na kwa roho yako yote, na kwa nguvu zako zote, na kwa akili zako zote; na jirani yako kama nafsi yako. Akamwambia, Umejibu vema; fanya hivi nawe utaishi. Naye akitaka kujidai haki, alimwuliza Yesu, Na jirani yangu ni nani? Yesu akajibu akasema, Mtu mmoja alishuka toka Yerusalemu kwenda Yeriko, akaangukia kati ya wanyang'anyi; wakamvua nguo, wakamtia jeraha, wakaenda zao, wakimwacha karibu ya kufa. Kwa nasibu kuhani mmoja alishuka kwa njia ile; na alipomwona alipitia kando.

Na Mlawi vivyo hivyo, alipofika pale akamwona, akapitia kando. Lakini, Msamaria mmoja katika kusafiri kwake alifika hapo alipo; na alipomwona alimhurumia, akakaribia, akamfunga jeraha zake, akizitia mafuta na divai; akampandisha juu ya mnyama wake, akampeleka mpaka nyumba ya wageni, akamtunza. Hata siku ya pili akatoa dinari mbili, akampa mwenye nyumba ya wageni, akisema, Mtunze huyu, na chochote utakachogharimiwa zaidi, mimi nitakaporudi nitakulipa. Waonaje wewe, katika hao watatu, ni yupi aliyekuwa jirani yake, yule aliyeangukia kati ya wa-nyang'anyi? Akasema, Ni huyo aliyemwonea huruma. Yesu akamwambia, Enenda zako, nawe ukafanye vivyo hivyo.

DEUTERONOMY 30:10-14

Moses spoke to the people, saying, “You shall obey the voice of the LORD your God, and keep his commandments and his statutes which are written in this book of the law, and turn to the LORD your God with all your heart and with all your soul
“For this commandment which I command you this day is not too hard for you, neither is it far off. It is not in heaven, that you should say,

‘Who will go up for us to heaven, and bring it to us, that we may hear it and do it?’ Neither is it beyond the sea, that you should say, ‘Who will go over the sea for us, and bring it to us, that we may hear it and do it?’ But the word is very near you; it is in your mouth and in your heart, so that you can do it.”

PSALM 69

R. You who are poor, seek God, and your hearts will revive.

I pray to you, O LORD,
for a time of your favour.
In your great mercy, answer me, O God,
with your salvation that never fails.
LORD, answer, for your mercy is kind;
in your great compassion, turn towards me. **R.**

As for me in my poverty and pain,
let your salvation, O God, raise me up.
Then I will praise God’s name with a song;
I will glorify him with thanksgiving. **R.**

The poor when they see it will be glad,
and God-seeking hearts will revive;
for the LORD listens to the needy,
and does not spurn his own in their chains. **R.**

For God will bring salvation to Sion,
and rebuild the cities of Judah.
The children of his servants shall inherit it;
those who love his name shall dwell there. **R.**

COLOSSIANS 1:15-20

Christ Jesus is the image of the invisible God, the first-born of all creation; for in him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or principalities or authorities - all things were created through him and for him. He is before all things, and in him all things hold together. He is the head of the body, the Church; he is the beginning, the firstborn from the dead, that in everything he might be pre-eminent. For in him all the fullness of God was pleased to dwell, and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross.

Alleluia.

Your words, Lord, are Spirit and life; you have the words of eternal life.

LUKE 10:25-37

At that time: Behold, a lawyer stood up to put Jesus to the test, saying, “Teacher, what shall I do to inherit eternal life?” He said to him, “What is written in the law? What do you read there?” And he answered, “You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbour as yourself.” And he said to him, “You have answered right; do this, and you will live.” But he, desiring to justify himself, said to Jesus, “And who is my neighbour?” Jesus replied, “A man was going down from Jerusalem to Jericho, and he fell among robbers, who stripped him and beat him, and departed, leaving him half dead. Now by chance a priest was going down that road; and when he saw him he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he journeyed, came to where he was; and when he saw him, he had compassion, and went to him and bound up his wounds, pouring on oil and wine; then he set him on his own beast and brought him to an inn, and took care of him.

And the next day he took out two denarii and gave them to the innkeeper, saying, ‘Take care of him; and whatever more you spend, I will repay you when I come back.’ Which of these three, do you think, proved neighbour to the man who fell among the robbers?” He said, “The one who showed mercy on him.” And Jesus said to him, “Go and do likewise.” So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he journeyed, came to where he was; and when he saw him, he had compassion, and went to him and bound up his wounds, pouring on oil and wine; then he set him on his own beast and brought him to an inn, and took care of him. And the next day he took out two denarii and gave them to the innkeeper, saying, ‘Take care of him; and whatever more you spend, I will repay you when I come back.’ Which of these three, do you think, proved neighbour to the man who fell among the robbers?” He said, “The one who showed mercy on him.” And Jesus said to him, “Go and do likewise.”

Contd. from Pg 1

The departure of the Samaritan from the inn is seen as the resurrection and ascension of Jesus to sit at the right hand of the Father but who promises to come back to reward each person according to his or her merit.

The big questions to ask today

1. What am I doing to inherit the kingdom of God. Do I put any effort to practice the gospel?
2. Am I a person filled with compassion and concerned with human suffering?
3. How often have I neglected people in their needy conditions of life?

ANNOUNCEMENTS

DONATIONS:

The following donations have been received for the Church, very much appreciated with gratitude.

CURTAINS/DOOR MATS for priests residence .

SOLAR LIGHTS: one near the gate , one near the tent, one near the washrooms, Priests parking area and at the Fashion and Design School one each.

We are grateful for the donors who have made the compound secure at night. Thank you for all those who donate wine and hosts, candles, water and other necessary items.

CONFIRMATION GROUP 2019:

Altar linen

All donors please inquire at the Parish office for what is needed in our Cathedral Please do not take items directly to the sacristy, or decide to donate items which may not be needed.

NEEDS: Solar security lights

1. Parking area in front of the Cathedral
2. Grotto
3. Repairs of the shrine of St Anthony

BAPTISM OF BABIES(INFANTS)

A reminder that babies are to be baptized within one month after birth.

Parents-mother and father please see a priest in the office for preparation of your child's baptism.

Two preparatory sessions follow, the last with the God parent. All God parents are to be practicing Catholic and parents are expected to be registered in the parish.

SUNDAY SERVICE – PARENTS

are reminded to take their children in the hall for the children's service. Jumuiya leaders are to assist to take the children to the hall, and parents to meet their children after the Mass.

Time 8:00am , 9:00am and 10:30am

LIFE IN THE SPIRIT SEMINAR starts today at the H.G.

Cathedral or Church hall for 9 consecutive Sundays
2:00pm-4:30pm

SUBUKIA NATIONAL PILGRIMAGE

5 OCTOBER 2019 -SATURDAY

Prepare to book –parish bus

Departure Friday 4 October 2019

Return Saturday 5 October 2019

Fare-Sh.4,000/- return

Children to travel to Subukia accompanied by animators leaving Mombasa 2/10/2019 and returning to Mombasa 5/10/2019

Fare-Sh. 6,000/-return

ARCHDIOCESAN COLLECTION 2019

7 July 2019-organized by the CMA collection Sh. 317,640.

Thank you to all who contributed

Next Archdiocesan collection 4th August 2019 organized by youth and children

CALLING ALL WIDOWS/ WIDOWERS AND SINGLE PARENTS

The above named are urged to form their association or reinforce the association already existing. Please seek further information in the parish office

FEAST OF OUR LADY OF MOUNT CARMEL

16TH JULY 2019-TUESDAY

On the Feast day of Our Lady of Mount Carmel the 16th July 2019 Tuesday

Mass at 1:00pm with conferring of the Scapular and the rosary will be held in Mary's honor. After Mass there will be sharing of tea, coffee and cake

MASS AT THE GROTTTO AT 5:30pm

ARCHDIOCESAN FUND RAISING		
JUMUIYA	TARGET 2019	AMOUNT
St. Bakhita	50,000	10,000
St. Peter	50,000	26,500
St. Paul	55,000	31,000
St. Bridget	25,000	15,000
St. Francis	50,000	400
St. Lucy	50,000	25,000
St. Rita	100,000	
St. Michael	50,000	
St. Kizito	50,000	28,000
Holy Spirit	65,000	40,000
Bikira Maria	50,000	
St Benedict	150,000	30,000
Alliance of Two Hearts	500,000	119,500
St Anthony	20,000	3,000
St Charles Lwanga	65,000	28,300
St Mathias Mulumba	100,000	110,000
St Jude	60,000	60,000
TOTAL	1,490,000	527,300
Choir	150,000	150,143
CWA	1,500,00	229,050
Charismatic Renewal	100,000	111,291
Marriage Encounter	15,000	13,200
CMA	1,600,000	
Youth and Children	200,000	55,100
Young Catholic Adults	200,000	109,000
TOTAL	3,565,000	667,784
GRAND-TOTAL	5,055,000	1,195,084

ARCHDIOCESAN COLLECTION 2019

FIRST MILLION Sh1,000,000

A noble achievement, GOD BLESS ALL.

But we have a long journey ahead of us to collect the rest.

DEBTORS 2018	
CMA	Sh. 440, 000
Bikira Maria	Sh. 20, 000



Brown Scapular of Our Lady of Mt.Carmel



"One day through the ROSARY and the SCAPULAR, I will save the world."

Our Lady
Feast Day 16th July
to St. Dominic

Prayer

O beautiful Flower of Carmel, most fruitful Vine, Splendor of Heaven, holy and singular, who brought forth the Son of God, still ever remaining a Pure Virgin, assist me in this necessity.

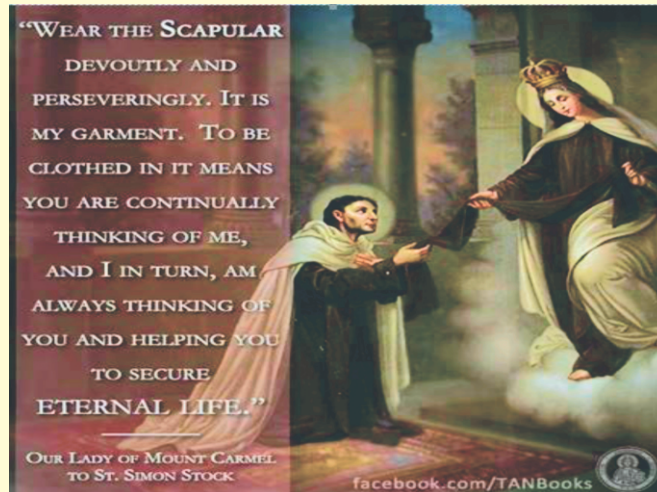
O Star of the Sea, help and protect me! Show me that thou art my Mother.

O Mary, Conceived without sin, Pray for us who have recourse to thee!

Mother and Ornament of Carmel, Pray for us!
Virgin, Flower of Carmel, Pray for us!
Patroness of all who wear the Scapular, Pray for us!
Hope of all who die wearing the Scapular, Pray for us!
St. Joseph, Friend of the Sacred Heart, Pray for us!
St. Joseph, Chaste Spouse of Mary, Pray for us!
St. Joseph, Our Patron, Pray for us!

O sweet Heart of Mary, be my Salvation!

Saint Speaks:-



At Fatima, on October 13, 1917, there was a great miracle of the sun.

While more than 70,000 people witnessed this miracle, the three children saw Our Lady with the Rosary, Our Lord, St. Joseph with Child Jesus, Our Lady in blue, and finally, Our Lady of Mount Carmel with the Brown Scapular.

The very fact that she was holding the brown scapular tells us that she wants us to take it and wear it!

"The Rosary and the scapular are inseparable!"

Sister Lucia



Life in
the Spirit
Seminar

14th July - 8th Sep 2019
SUNDAYS ONLY

TIME: 2P.M. - 4P.M.
VENUE: HOLY GHOST CATHEDRAL - MSA
Come know your faith and create an intimate
relationship with Christ

For more info Contact Simon Mukiri: 0725 459 920



Farewell

CECILIA WAMAKONJIO

*Departed from this life
11th July 2019. We thank her for the
outstanding services to
the community of
Holy Ghost Cathedral*