



CATHEDRAL

Weekly

30th June. 2019

PRICE: Kshs. 30/=

THIRTEENTH SUNDAY

Reflection

A CALL TO SERVE

The theme of today's in our readings is the call of the Lord to mission in order to service. We have our Christian mission Jesus Christ who gave us that model "I came not to be served but to serve" and so our life as Christians as believers and as followers of Jesus Christ has this necessary implication in our life.

In 1 Kings 19:16b,19-21 Elijah was told by God. "I want Elisha to be a prophet after you" and so the prophet Elijah went to Elisha and Elisha both shared his oxen and then fed his people. What does this mean? He gave himself totally to the Lord to become a prophet after Elijah.

In the gospel Jesus Christ gave us this narrative of people who wanted to follow Jesus. "Lord I will follow you" Jesus told them foxes have holes birds of the air have nests but the son of God has nowhere to lay down his head. The idea here is sacrifice. Are you willing to sacrifice?

He also told them let the dead bury their own dead. There is sacrifice to be made, when we serve the Lord. When we do fulfill our mission, there is also sacrifice and first and foremost they should happen in ones lives. To live the Christian life to the fullest this means sacrifice .Why? Because many times our own will should be sacrificed to do the will of God. Our own plans should be put aside and be sacrificed in order that the plan of God should take the priority.

Many times we cannot truly love in situations that are given to us if we do not have self sacrifice. In this Sunday readings we have to be willing to remind ourselves to sacrifice in order to do what God wants us to do in our Christian life.

In Galatians 5:1,13-18 St Paul reminds us those who are not

free live by the flesh but those who are free live by the Spirit. So if we are to love and serve God and fulfill our Christian mission, then we have to be freely willing to do what God wants from us. This means whole heartedly in our Christian mission, love and service of the Lord

THANK YOU / ASANTENI
A big THANK you for all those who supported the WALK by prayer, walking, sponsoring, contributions, buying T-Shirts, vikois etc. For the organizers who worked timelessly to make the walk a success the appreciation and gratitude of many

Please do not use this newsletter during the readings. Kindly listen to the readings.

DUTY SCHEDULE FOR JULY 2019

TODAY

07:00AM CHARISMATIC RENEWAL.
 08:00AM ST. FRANCIS & ST. ANTHONY.
 09:00AM H. G. C. W. A.
 10:30AM ST.CHARLES LWANGA.
 12:30PM HOLY SPIRIT.
 05:30PM ST. RITA.

CLEANING OF THE CHURCH: H. G. C. W. A

07th JULY

07:00 AM ST. BENEDICT.
 08:00 AM ST. JUDE.
 09:00 AM C. M. A.
 10:30AM H. G. C. W. A.
 12:30 PM MARRIAGE ENCOUNTER.
 05:30 PM ST. MATTHIAS MULUMBA.

CLEANING OF THE CHURCH: ST. BENEDICT.

CLEANING THE CHURCH

Every Saturday 7:30am - Jumuiya /Associations

Brooms for sweeping the floor in the sacristy

Cloths for wiping the benches without water
DO NOT USE WATER

PARISH OFFICE
 0735 112 288



8 2 1 8 7 0

A GUIDE TO THE DAILY READINGS

MONDAY 1st July 2019

SATURDAY 6th July 2019

Monday 1st July 2019

Gen 18:16-33

Ps 103

Mt 8:18-27

Tuesday 2nd July 2019

Gen 19:15-29

Ps 26

Mt 8:23-27

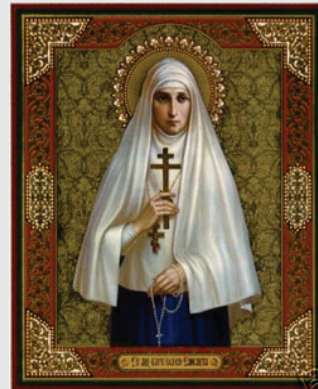
Wednesday 3rd July 2019

St Thomas, Apostle, feast

Eph 2:19-22

Ps 116

Jn 20:24-29



Thursday 4th July 2019

St Elizabeth of Portugal

Gen 22:1b-19

Ps 115

Mt 9:1-8

Friday 5th July 2019

St. Anthony Zaccaria

Gen 23:1-4

Ps 106

Mt 9:9-13

Saturday 6th July 2019

St. Maria Goretti

Gen 27:1-5,15-29

Ps 135

Mt 9:14-17


1 WAFALME 19:16b. 19-21

Bwana alimwambia Eliya: Enenda, mtie mafuta Elisha mwana wa Shafati wa Abel-Mehola awe nabii mahali pako. Basi akaondoka huko, akamkuta Elisha mwana wa Shafati, aliyekuwa akilima, mwenye jozi za ng'ombe kumi na mbili mbele yake, na yeye mwenyewe alikuwa pamoja na lile la kumi na mbili. Eliya akapita karibu naye, akatupa vazi lake juu yake. Naye akawaacha ng'ombe, mbio,

ZABURI 15

Mungu, unihifadhi mimi,
 Kwa maana nakukimbilia Wewe.
 Nimemwambia Bwana, Ndiwe Bwana wangu;
 Bwana ndiye fungu la posho langu.
 Na la kikombe changu;
 Wewe unaishika kura yangu.

(K) Bwana ndiye fungu la posho langu.

Nitamhimidi Bwana aliyenipa shauri,
 Naam, mtima wangu umenifundisha usiku.
 Nimemweka Bwana mbele yangu daima,
 Kwa kuwa yako kuumeni kwangu, sitaondoshwa. **(K)**

akamfuata Eliya akasema, Nipe ruhusa, nakuomba, nimbusu baba yangu na mama yangu, kisha mimi nitakufuata. Akamwambia, Enenda, urudi; ni nini niliyokutendea. Akarudi akiacha kumfuata, akatwaa lile jozi la ng'ombe, akawachinja, akatokosa nyama zao kwa ile miti ya ng'ombe, akawapa watu, wakala. Kisha akainuka, akamfuata Eliya, Akamhudumia.

Kwa hiyo moyo wangu unafurahi,
 Na utukufu wangu unashangilia,
 Naam, mwili wangu nao utakaa kwa kutumaini.
 Maana hutakuachia kuzimu nafsi yangu,
 Wala hutamtoa mtakatifu wako aone uharibifu. **(K)**

Utanjulisha njia ya uzima;
 Mbele za uso wako ziko furaha tele;
 Na katika mkono wako wa kuume
 Mna mema ya milele. **(K)**

WAGALATIA 4:31b-5:1,13-18

Sisi si watoto wa mjakazi, bali tu watoto wa huyo aliye mwungwana. Katika ungwana huo Kristo alituandika huru; kwa hiyo simamemi, wala msinaswe tena chini ya kongwa la utumwa. Maana ninyi, ndugu, mliitwa mpate uhuru; lakini uhuru wenu usiwe sababu ya kuufuata mwili, bali tumikianeni kwa upendo. Maana torati yote imetimilika katika neno moja, nalo ni hili, Umpende jirani yako kama nafsi yako. Lakini mkiumana na kulana, angalieni msije mkaangamizana. Basi nasema, Enendeni kwa Roho, wala hamtazitimiza kamwe tamaa za mwili. Kwa sababu mwili hutamani ukishindana na Roho, na Roho kushindana na mwili; kwa maana hizi zimepingama, hata hamwezi kufanya mnayotaka. Lakini mkiongozwa na Roho, hampo chini ya sheria.

Alleluia.

*Neno lako ndiyo kweli, ee Bwana;
 Ututakase sisi kwa ile kweli.*

LUKA 9:51-62

Ikawa, siku za kupaa kwake zilipokuwa karibu kutimia, Yesu aliukaza uso wake kwenda Yerusalemu; akatuma wajumbe kutangulia mbele ya uso wake; wakaenda wakaingia katika kijiji cha Wasamaria, ili kumtengenezea mahali. Lakini wenyeji hawakumkaribisha kwa vile alivyoelekeza uso wake kwenda Yerusalemu. Wanafunzi wake Yakobo na Yohane walipoona hayo, walisema, Bwana, wataka tuagize moto ushuke kutoka mbinguni, uwaangamize; [kama Eliya naye alivyofanya] ? Akawageukia akawakanya. Akasema, Hamjui ni roho ya namna gani mliyo nayo. Kwa maana Mwana wa Adamu hakuja kuziangamiza roho za watu, bali kuziokoa. Wakaondoka wakaenda mpaka kijiji kingine.

Nao walipokuwa wakienda njiani, mtu mmoja alimwambia, Nitakufuata ko kote utakakowenda. Yesu akamwambia, Mbweha wana pango, na ndege wa angani wana vioto, lakini Mwana wa Adamu hana pa kujilaza kichwa chake. Akamwambia mwingine, Nifuate. Akasema, Bwana, nipe ruhusa kwanza niende kumzika baba yangu. Akamwambia, Waache wafu wawazike wafu wao; bali wewe enenda ukautangaze ufalme wa Mungu. Mtu mwingine pia akamwambia, Bwana, nitakufuata; lakini, nipe ruhusa kwanza nikawaage watu wa nyumbani mwangu. Yesu akamwambia, Mtu aliyetia mkono wake kulima, kisha akaangalianyuma, hafai kwa ufalme wa Mungu.



1 KINGS 19:16b. 19-21

In those days: The Lord said to Elijah, “Elisha the son of Shaphat of Abelmeholah you shall anoint to be prophet in your place.” So he departed from there, and found Elisha the son of Shaphat, who was ploughing, with twelve yoke of oxen before him, and he was with the twelfth. Elijah passed by him and cast his mantle upon him. And he left the oxen, and ran after Elijah, and said,

“Let me kiss my father and my mother, and then I will follow you.” And he said to him, “Go back again for what have I done to you?” And he returned from following him, and took the yoke of oxen, and slew them, and boiled their flesh with the yokes of the oxen and gave it to the people, and they ate. Then he arose and went after Elijah, a ministered to him.

PSALM 16

R. It is you, O Lord, who are my portion.

Preserve me, O God, for in you I take refuge.
I say to the LORD, “You are my Lord.”
O LORD, it is you who are my portion and cup;
you yourself who secure my lot. **R.**

I will bless the LORD who gives me counsel,
who even at night directs my heart.
I keep the LORD before me always;
with him at my right hand, I shall not be moved. **R.**

And so, my heart rejoices, my soul is glad;
even my flesh shall rest in hope.
For you will not abandon my soul to hell,
nor let your holy one see corruption. **R.**

You will show me the path of life,
the fullness of joy in your presence,
at your right hand, bliss forever. **R.**

GALATIANS 5:1.13-18

Brethren: For freedom Christ has set us free; stand fast therefore, and do not submit again to a yoke of slavery. For you were called to freedom, brethren; only do not use your freedom as an opportunity for the flesh, but through love be servants of one another. For the whole law is fulfilled in one word, “You shall love your neighbour as yourself.” But if you bite and devour one another take heed that you are not consumed by one another. But I say, walk by the Spirit, and do not gratify the desires of the flesh.

For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh; for these are opposed to each other, to prevent you from doing what you would. But if you are led by the Spirit you are not under the law.

Alleluia.

*Speak, Lord, for your servant hears;
you have the words of eternal life.*

LUKE 9:51-62

When the days drew near for Jesus to be received up, he set his face to go to Jerusalem. And he sent messengers ahead of him, who went and entered a village of the Samaritans, to make ready for him; but the people would not receive him, because his face was set towards Jerusalem. And when his disciples James and John saw it, they said, “Lord, do you want us to bid fire come down from heaven and consume them?” But he turned and rebuked them. And they went on to another village. As they were going along the road, a man said to him, “I will follow you wherever you go.” And Jesus said to him, “Foxes have holes, and birds of the air have nests; but the Son of man has nowhere to lay his head.” To another he said, “Follow me.” But he said, “Lord, let me

first go and bury my father.” But he said to him, But he turned and rebuked them. And they went on to another village. As they were going along the road, a man said to him, “I will follow you wherever you go.” And Jesus said to him, “Foxes have holes, and birds of the air have nests; but the Son of man has nowhere to lay his head.” To another he said, “Follow me.” But he said, “Lord, let me first go and bury my father.” But he said to him, “Leave the dead to bury their own dead; but as for you, go and proclaim the kingdom of God.” Another said, “I will follow you, Lord; but let me first say farewell to those at my home.” Jesus said to him, “No one who puts his hand to the plough and looks back is fit for the kingdom of God.”

Contd. from Pg 1

This truth about the whole hearted service with the implication of sacrifice is always there in our Christian life, because that is the model from Jesus Christ. Christ gave himself to us totally. We cannot as well love others half heartedly either.

Our Christian life is with the call into mission to evangelize ourselves and to the people around us, beginning with the family, within the circle of friends and our colleagues at work. We bring God to those places, we bring these places with the people around us to God. That is evangelization.

The vocation we have in our lives, the step of life we have, this is the will of God. This is where our mission land is. This is where we serve God and others. May we have this courage to truly love God and others and live our lives to the fullest wholeheartedly even if it will mean sacrifice

ANNOUNCEMENTS

MASS OFFERINGS: Please book your Mass intentions in advance. All Masses to be booked in the Parish Office or e mail info@holyghostcathedral.org Kindly note no Mass offerings in the sacristy Those who reserve their Mass Intentions early object to last minute inclusion of other intentions

7 JULY 2019

Archbishop Martin Kivuva will confer the Sacrament of Confirmation at 10:30am at an outdoor Mass All are requested to be seated before 10:30am At the end of Mass a fundraising will take place organized by the CMA for the Archdiocese of Mombasa. Please be generous

MARRIAGE IN THE CHURCH

During Marriages in the Church, we discourage the playing of recorded secular music, this is appropriate at the reception. Secondly- the sprinkling of confetti, grains of cereals, flower petals is also discouraged as the cleaners have an issue of keeping the Church clean for Mass

REGISTRATION OF PARISHIONERS

All are requested to register at the parish office. There are many advantages.

- Baptism of babies
- Facilitation of Marriages
- Children: First Holy Communion and instructions
- Preparation of adults to be received into the Catholic Church
- Confirmation of children and High School and adults
- Sick in hospitals/homes- Anointing, Eucharist and prayer
- Funerals: Facilitation of funerals without hassles
- Kindly support your church regularly by contributing every month

SUBUKIA NATIONAL PILGRIMAGE

5 OCTOBER 2019 -SATURDAY

Prepare to book –parish bus
Departure Friday 4 October 2019
Return Saturday 5 October 2019
Fare-Sh.4,000/- return
Children to travel to Subukia accompanied by animators leaving Mombasa 2 October 2019 and returning to Mombasa 5 October 2019
Fare Sh.6000/- return

12:30pm MASS

Volunteers from the youth are needed to sing during the 12:30pm Mass
Choir practice for the same group on Saturday at 4:00pm to 5:00pm in the grotto

VOLUNTEERS SUNDAY SERVICE

Volunteers needed –minimum qualifications KCSE Male/female. Apply in writing- leave letter at the parish office

All Children who do not receive the Eucharist are to be taken to the hall by the parents 8:00am, 9:00am and 10:30am

WASHROOMS

After use please keep the toilets clean and always pay for the use first

ARCHDIOCESAN FUND RAISING		
JUMUIYA	TARGET 2019	AMOUNT
St. Bakhita	50,000	
St. Peter	50,000	
St. Paul	55,000	30,000
St. Bridget	25,000	15,000
St. Francis	50,000	400
St. Lucy	50,000	25,000
St. Rita	100,000	
St. Michael	50,000	
St. Kizito	50,000	28,000
Holy Spirit	65,000	40,000
Bikira Maria	50,000	
St Benedict	150,000	30,000
Alliance of Two Hearts	500,000	61,500
St Anthony	20,000	3,000
St Charles Lwanga	65,000	15,800
St Mathias Mulumba	100,000	110,000
St Jude	60,000	60,000
TOTAL	1,490,000	418,700
Choir	150,000	150,143
CWA	1,500,00	210,050
Charismatic Renewal	100,000	111,291
Marriage Encounter	15,000	10,200
CMA	1,600,000	
Youth and Children	200,000	53,600
Young Catholic Adults	200,000	109,000
TOTAL	3,565,000	644,284
GRAND-TOTAL	5,055,000	1,062,984

ARCHDIOCESAN COLLECTION 2019

FIRST MILLION Sh1,000,000

A noble achievement, GOD BLESS ALL.

But we have a long journey ahead of us to collect the rest.

DEBTORS 2018	
CMA	Sh. 440, 000
Bikira Maria	Sh. 20, 000



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