



CATHEDRAL

Weekly

7th July. 2019

PRICE: Kshs. 30/=

FOURTEENTH SUNDAY

Reflection

PEACE & APOSTOLATE

Peace is a great benefit for the individual soul and to the society. Prophet Isaiah announces that in the era of the Messiah there will a torrent of peace. The bearer of that peace will have graces bestowed on people like an overflowing stream; as well as eternal salvation much like the comfort a mother gives a child on her lap.

The Gospel tells us how the Seventy Two (72) disciples were sent on a mission to proclaim the Kingdom of God with precise instructions namely :-

- a) They were to serve with honesty
- b) They were to offer a service full of charity, with self-giving love, peace and simplicity.
- c) They were to give there full or total commitment to proclamation of Gods Kingdom,
- d) They were to travel light leaving behind what would distract them

e) They were to eat what had been served.

f) They were to do their work well not for what they can get for it but for what they can get freely without expecting a reward or payment also known as poverty of spirit; which frees us from greed and preoccupation with possessions of temporal things.

Christians are also called and entrusted with a similar mission. The Holy Spirit is constantly with us to guide and intercede for us. We sometimes are not courageous enough to follow Christ's instruction, we complain and whine about how impossible it is to be an upright person in the world today and give into temptations.

The gospel tells us that they rejoiced on their return on realizing that even the demons and spirits were subject to them. They were able to make the blind see, cleanse the lepers and sinners were moved to repentance. Most of us can relate to this reality . People want to be praised for things they have done, respected for holding prestigious titles and positions, living in posh houses, driving big cars, their sense of fashion, economic status etc.

Jesus tells the disciples not to rejoice because they were only able to command the demons and spirits out not in their names but in His name. Our earthly achievements likewise are made possible by God. God wants us to be dependent on Him and not ourselves. As his disciple we too have the Spiritual authority and power to overcome the works of darkness and evil. We hear of a lot of conflicts in the world today struggles of race, class, ideologies, political differences, terrorism, kidnappings, disputes, violence, hatred, insecurity the list is endless these all say that there is no peace in the society, in the family or within our souls. Perhaps we are looking for peace where we cannot find peace, perhaps we are confusing peace with living a quiet life, perhaps we think that peace depends on external circumstances and not man himself. Peace comes from God and

it is a gift of God that passes all understanding (Phillipians 4:7) It

Please do not use this newsletter during the readings. Kindly listen to the readings.

Contd. on page 4

A GUIDE TO THE DAILY READINGS

MONDAY 8th JULY 2019

SATURDAY 13th JULY 2019

Monday 8th July 2019

Gen 28:10-22a

Ps 91

Mt 9:18-26

Tuesday 9th July 2019

Ss Augustine Zhao Rang and Companions

Gen 32:23-33

Ps 17

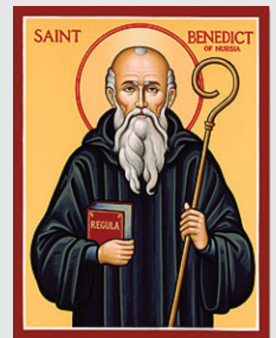
Mt 9:32-38

Wednesday 10th July 2019

Gen 41:55-57;42:5-7a.17-24a

Ps 33

Mt 10:1-7



Thursday 11 th July 2019

St Benedict, abbot

Gen 44:18-21.23b-29;45:1-5

Ps 105

Mt 10:7-15

Friday 12 th July 2019

Gen 23:1-4

Ps 106

Mt 9:9-13

Saturday 13th July 2019

St. Henry

Gen 49:29-32;50:15-26a

Ps 105

Mt 10:24-33

DUTY SCHEDULE FOR JULY 2019

TODAY

07:00 AM ST. BENEDICT.

08:00 AM ST. JUDE.

09:00 AM C. M. A.

10:30AM H. G. C. W. A.

12:30 PM MARRIAGE ENCOUNTER.

05:30 PM ST. MATTHIAS MULUMBA.

CLEANING OF THE CHURCH: ST.

BENEDICT.

ST. MATTHIAS MULUMBA.

10TH FEBRUARY

07:00 AM HOLY SPIRIT.

08:00 AM ALLIANCE OF TWO HEARTS.

09:00 AM ST. MONICA

10:30 AM YOUTH

12:30 PM ST. PETER ST. PAUL.

05:30 PM ST. MICHEAL, ST. LUCY

CLEANING OF THE CHURCH: ST.

MICHAEL,

ST. LUCY

ALLIANCE OF TWO HEARTS.

CLEANING THE CHURCH
Every Saturday 7:30am - Jumuiya /Associations

Brooms for sweeping the floor in the sacristy

Cloths for wiping the benches without water
DO NOT USE WATER

PARISH OFFICE
0735 112 288




ISAYA 66:10-44

Furahini pamoja na Yerusalem, shangilieni kwa ajili yake, ninyi nyote mpendao; furahini pamoja naye kwa furaha, ninyi nyote mliao kwa ajili yake; mpate kunyonya, na kushibishwa kwa maziwa ya faraja zake, mpate kukama, na kufurahiwa kwa wingi wa utukufu wake. Maana Bwana asema hivi, Tazama, nitamwelekezea amani kama mto, na utukufu wa

mataifa kama kijito kifurikacho, nanyi mtapata kunyonya; mtatabwa; na juu ya magoti mtabembeleza. Mfano wa mtu ambaye mama yake amfariji, ndivyo nitakavyowafariji ninyi; nanyi mtafarijiwa katika Yerusalemu. Nanyi mtaona, na mioyo yenu itafurahi, na mifupa yenu itasitawi kama majani mabichi; na mkono wa Bwana utajulikana, uwaelekeo watumishi wake.

ZABURI 66

Mpigie Mungu kelele za shangwe, nchi yote, Imbeni utukufu wa jina lake.
Tukuzeni sifa zake,
Mwambieni Mungu, Matendo yako yatisha kama nini!

(K) Mpigie Mungu kelele za shangwe, nchi yote,

Nchi yote itakusujudia na kukuimbia,
Naam, italiimbia jina lako.
Njoni yatazameni matendo ya Mungu,
Hutisha kwa mambo awatendayo wanadamu. **(K)**

Aligeuza bahari ikawa nchi kavu;
Katika mto walivuka kwa miguu;
Huko ndiko tulikomfurahia,
Atawala kwa uweza wake milele. **(K)**

Njoni, sikieni, ninyi nyote mnaomcha Mungu,
Nami nitayatangaza aliyonitendea roho yangu.
Na ahimidiwe Mungu asiyeyakataa maombi yangu,
Wala kuniondolea fadhili zake. **(K)**

WAGALATIA 6:14-18

Mimi, hashu, nisione fahari juu ya kitu chochote ila msalaba wa Bwana wetu Yesu Kristo, ambao kwa huo ulimwengu umesulibishwa kwangu, na mimi kwa ulimwengu. Kwa sababu kutahiriwa si kitu, wala kutokutahiriwa, bali kiumbe kipyua. Na wote watakaoenenda kwa kanuni hiyo, amani na iwe kwao na rehema. naam, kwa Israeli wa Mungu. Tangu sasa mtu asinitaabishe; kwa maana ninachukua mwilini mwangu chapa zake Yesu. Ndugu zangu, neema ya Bwana wetu Yesu Kristo na iwe pamoja na roho zenu.

Alleluia.

*Naye Neno alifanyika mwili, akakaa kwetu;
wote waliompokea aliwapa uwezo wa
kufanyika watoto wa Mungu.*

LUKA 10:1-12.17-20

Baada ya hayo Bwana aliweka na wengine, sabini, akawatuma wawili wawili wamtangulie kwenda kila mji na kila mahali alipokusudia kwenda mwenyewe. Akawaambia, Mavuno ni mengi, lakini watenda kazi ni wachache; basi mwombeni Bwana wa mavuno apeleke watenda kazi katika mavuno yake. Enendeni, angalieni, nawatuma kama wanakondoo kati ya mbwa-mwitu. Msichukue mfuko, wala mkoba, wala viatu; wala msimwamkie mtu njiani. Na nyumba yo yote mtakayoingia, semeni kwanza, Amani iwemo nyumbani humu; na akiwamo mwana wa amani, amani yenu itamkalia; la, hayumo, amani yenu itarudi kwenu. Basi, kaeni katika nyumba iyo hiyo, mkila na kunywa vya kwao; maana, mtenda kazi amestahili kupewa ujira wake. Msihame-hame kutoka nyumba hii kwenda nyumba hii. Na mji wo wote mtakaouingia, wakiwakaribisha, vileni vyakula viwekwavyo mbele

yenu; wapozeni wagonjwa waliomo, waambieni, Ufalme wa Mungu umewakaribia. Na mji wo wote mtakaouingia, nao hawawakaribishi, tokeni humo, nanyi mkipita katika njia zake semeni, Hata mavumbi ya mji wenu yaliyogandamana na miguu yetu tunayakung'uta juu yenu. Lakini jueni hili, ya kuwa Ufalme wa Mungu umekaribia. Nawaambia ya kwamba siku ile itakuwa rahisi zaidi Sodoma kuistahimili adhabu yake kuliko mji huo. Ndipo wale sabini waliporudi kwa furaha, wakisema, Bwana, hata pepo wanatutii kwa jina lako. Akawaambia, Nilimwona Shetani, akianguka kutoka mbinguni kama umeme. Tazama, nimewapa amri ya kukanyaga nyoka na nge, na nguvu zote za yule adui, wala hakuna kitu kitakachowadhuru. Lakini, msifurahi kwa vile pepo wanavyowatii; bali furahini kwa sababu majina yenu yameandikwa mbinguni.

ISAIAH 66:10-14c

“Rejoice with Jerusalem, and be glad for her, all you who love her; rejoice with her in joy, all you who mourn over her; that you may suck and be satisfied with her consoling breasts; that you may drink deeply with delight from the abundance of her glory.”
For thus says the LORD: “Behold, I will extend prosperity to her like a river, and the wealth of the

nations like an overflowing stream; and you shall suck, you shall be carried upon her hip, and fondled upon her knees. As one whom his mother comforts, so I will comfort you; you shall be comforted in Jerusalem. You shall see, and your heart shall rejoice; your bones shall flourish like the grass; and it shall be known that the hand of the LORD is with his servants.”

PSALM 66

R. Cry out with joy to God, all the earth.

Cry out with joy to God, all the earth;
O sing to the glory of his name.
O render him glorious praise.
Say to God, “How awesome your deeds!” **R.**

“Before you all the earth shall bow down,
shall sing to you, sing to your name!”
Come and see the works of God:
awesome his deeds among the children of men. **R.**

He turned the sea into dry land;
they passed through the river on foot.
Let our joy, then, be in him;
he rules forever by his might. **R.**

Come and hear, all who fear God;
I will tell what he did for my soul.
Blest be God, who did not reject my prayer,
nor withhold from me his merciful love. **R.**

GALATIANS 6:14-18

Brethren: Far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

Alleluia.

*Let the peace of Christ rule in your hearts;
let the word of Christ dwell in you richly.*

LUKE 10:1-12.17-20

At that time: The Lord appointed seventy others, and sent them on ahead of him, two by two, into every town and place where he himself was about to come. And he said to them, “The harvest is plentiful, but the labourers are few; pray therefore the Lord of the harvest to send out labourers into his harvest. Go your way; behold, I send you out as lambs in the midst of wolves. Carry no purse, no bag, no sandals; and salute no one on the road. Whatever house you enter, first say, ‘Peace be to this house!’ And if a son of peace is there, your peace shall rest upon him; but if not, it shall return to you. And remain in the same house, eating and drinking what they provide, for the labourer deserves his wages; do not go from house to house. Whenever you enter a town and they receive you, eat what is set before you; heal the sick in it and say

to them, ‘The kingdom of God has come near to you.’
* But whenever you enter a town and they do not receive you, go into its streets and say, ‘Even the dust of your town that clings to our feet, we wipe off against you; nevertheless know this, that the kingdom of God has come near.’ I tell you, it shall be more tolerable on that day for Sodom than for that town.” The seventy returned with joy, saying, “Lord, even the demons are subject to us in your name!” And he said to them, “I saw Satan fall like lightning from heaven. Behold, I have given you authority to tread upon serpents and scorpions, and over all the power of the enemy; and nothing shall hurt you. Nevertheless do not rejoice in this, that the spirits are subject to you; but rejoice that your names are written in heaven.”

Reflection

Contd. from Pg 1

is only granted to men of good will (Luke 2:14) its given to those who strive with their strength to live their live in accordance with Gods will. Peace and the joy that comes with it cannot be given by the world.

Being a Christian has its share of responsibility and that is to respond to God's

invitation let us reflect on some of the basic requirements of disciples:-

- Are you a baptized and confirmed?
- Do you take the time to know more about Jesus Christ by reading the Gospels?
- Do you set aside time daily for prayer and mass?
- Do you go for confession regularly?
- Do you strive to live a virtuous life?
- Do you support the church in kind and or monetarily?
- Are you married in Church?
- Do you spread the proclaim the Kingdom of God both in word and deeds?

This gospel ends with a warning that when people reject God's invitation and refuses to hear His word they bring condemnation on themselves even lose peace within their souls.

Be a full time Christian.

ANNOUNCEMENTS

WALK FOR THE REFURBISHMENT OF THE CATHEDRAL

First we thank you all for the support and cooperation for the walk. A special thank you to the Development team.

PROVINCIAL ACCOUNTS

SCHOOL CHILDREN WALK :	Sh 227,565
JUMUIYA/ ASSOCIATIONS	363,100
SPONSORSHIP-PRIESTS	72,000
DONATIONS	452,950
COLLECTION 30 JUNE SUNDAY	95,400
TOTAL COLLECTED	1,211,015

The effort for financial assistance is on going, so please assist. T-shirts, vikoi will be available until stocks are exhausted.

LIFE IN THE SPIRIT SEMINAR starts on Sunday 14 July at the H.G. Cathedral or Church hall for 9 consecutive Sundays 2:00pm-4:30pm

CMA FUND RAISING FOR THE ARCHDIOCESE

A major fund raising will be today at all Masses and the 10:30am Mass. Several items will be auctioned including a billy goat, starting at a reserve price of Sh. 8,000/- and upwards

NEWSLETTERS

Christians participating at the Saturday evening Mass, Sunday 8:00am Mass and the 5:30pm Mass on Sundays are encouraged to buy the Cathedral Newsletter during the respective Masses. The important announcements are placed in the newsletter. Please buy a copy today.

SUNDAY MASSES

7:00am	Swahili	8:00	English
9:00am	Swahili	10:30am	Swahili
12:30pm	Swahili	5:30pm	English

SACRAMENT OF PENANCE

Every day: Monday to Friday

12:30pm to 1:00pm

5:00pm to 5:30pm

Saturday

10:00am to 12:00pm

3:00pm to 5:00pm

SECURITY

Kindly follow the instructions of the security guards Please do not hurt or abuse the guards

ARCHDIOCESAN FUND RAISING		
JUMUIYA	TARGET 2019	AMOUNT
St. Bakhita	50,000	
St. Peter	50,000	
St. Paul	55,000	30,000
St. Bridget	25,000	15,000
St. Francis	50,000	400
St. Lucy	50,000	25,000
St. Rita	100,000	
St. Michael	50,000	
St. Kizito	50,000	28,000
Holy Spirit	65,000	40,000
Bikira Maria	50,000	
St Benedict	150,000	30,000
Alliance of Two Hearts	500,000	61,500
St Anthony	20,000	3,000
St Charles Lwanga	65,000	17,300
St Mathias Mulumba	100,000	110,000
St Jude	60,000	60,000
TOTAL	1,490,000	420,200
Choir	150,000	150,143
CWA	1,500,00	223,050
Charismatic Renewal	100,000	111,291
Marriage Encounter	15,000	13,200
CMA	1,600,000	
Youth and Children	200,000	55,100
Young Catholic Adults	200,000	109,000
TOTAL	3,565,000	761,984
GRAND-TOTAL	5,055,000	1,182,184

ARCHDIOCESAN COLLECTION 2019

FIRST MILLION Sh1,000,000

A noble achievement, GOD BLESS ALL.

DEBTORS 2018	
CMA	Sh. 440, 000
Bikira Maria	Sh. 20, 000



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