



St. Peter Jumaia Mass at KSG which was presided by Fr. R. K who encouraged members to come together and work as a family

Mon. 7th Feb. 2022

1 Kgs 8:1-7.9-13;
Ps 132:6-7.8-10.
Mk 6:53-56.

Tue. 8th Feb. 2022

Or: St Jerome Emiliani
(optional memorial)
Or: St Josephine Bakhita
(optional memorial)
1 Kgs 8:22-23.27-30;
Ps 84:3.4.5 and 10.11.
Mk 7:1-13.
Today, the Church in Sudan celebrates the solemnity of St Josephine Bakhita.

Wed. 9th Feb. 2022

1 Kgs 10:1-10;
Ps 37:5-6.30-31.39-40.
Mk 7:14-23.

Thur. 10th Feb. 2022

St Scholastica,
virgin, memorial
1 Kgs 11:4-13; Ps 106
Mk 7:24-30.

Fri. 11th Feb. 2022

Or: Our Lady of Lourdes
(optional memorial)
1 Kgs 11:29-32; 12:19;
Ps 81, Mk 7:31-37.
Today we celebrate the International Day of the Sick.

Sat. 12th Feb. 2022

Or: Saturday Mass
of the B. V. Mary
1 Kgs 12:26-32; 13:33-34;
Ps 106, Mk 8:1-10.

**DUTY SCHEDULE
FOR JAN 2022**

TODAY

07:00 AM ST. PETER & ST. PAUL
08:00 AM ST. JOHN THE BAPTIST
09:00 AM C.M.A.
11:00 AM H.G.C.W.A.
12:30 PM ST. MATILDA & ST. BHAKITA
5:30PM MARRIAGE ENCOUNTER

**CLEANING OF THE CHURCH
CMA**

13TH FEB. 2022

07:00 AM ST. FRANCIS
08:00 AM ST. MICHAEL & ST. RITA
09:00 AM ST. MONICA
11:00 AM ST. BENEDICT
12:30 PM YOUTH
5:30PM ST. CHARLES LWANGA

**CLEANING OF THE CHURCH :
12TH FEB. 2022**

Reflection

THE TRANSFORMING POWER OF GOD'S TOUCH.

In the first reading Isaiah sees God seated on his throne in heaven, being worshipped by the Seraphim choir of angels. He is terrified because of seeing God and thinks he is going to die, for he is a sinful man. One of the Seraphim took a hot coal from the altar and touched his mouth and told him his sins were forgiven.

After his sins are forgiven, when God asks whom shall he send to proclaim his word, Isaiah responds immediately with courage, " Here I am, send me". Isaiah when he encountered the glory of God was filled with fear, the Holiness of God made him realize he was but a sinful man. When God poured out his mercy on him and forgave his sins Isaiah was filled with the power from the Holy Spirit and with courage answered God he will be his prophet to proclaim his word.

When we are touched by God we cannot remain the same, we are transformed. It's important to note God asks "who will go for us", meaning the Holy Trinity, three persons in one God, the Father, Son and Holy Spirit. We Christians are sent by God from the day of our baptism to proclaim his word to others, so that they can come to know of the salvation God has offered to us, by grace through faith in his son Jesus Christ, who died and rose for our sins.

Psalms 138 is a hymn of thanksgiving. The psalmist thanks God for answering his prayers and keeping his promises; For protecting him from his enemies. He praises God for his majesty and his faithful love that endures forever.

In the second reading from the first letter of St Paul to the Corinthians, Paul reminds them they came to believe in the gospel by his preaching to them what he had also received, by oral tradition, that Christ died for our sins, he was buried and resurrected on the third day, and he appeared to many of his disciples. It is important to note that salvation is an ongoing process it's not instant coffee, for Paul tells the Corinthians, "Through it you are also being saved". Salvation as Paul tells us comes from hearing the word of God. For people to hear this word someone has to proclaim it and proclaim it correctly.

In the gospel reading from St Luke, Jesus was proclaiming the word of God to a crowd on the shore of Lake Galilee(Gennesaret).

Because he did not have adequate space Jesus requested Simon to put his boat a short distance from the shore. He sat on the boat and continued his teaching. After finishing proclaiming the word of God, Jesus told Simon to take his boat into the deep and throw his nets. Despite having caught nothing the whole night Peter obeyed and did as he was told. Then suddenly the nets were full of fish almost tearing, Peter called on

CONTD. PG 4


**FORTHCOMING
FEASTS /
MEMORIALS**
Tue. 8th Feb.y 2022

St Jerome Emiliani
(optional memorial)
Or: St Josephine Bakhita
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Sudan celebrates the
solemnity of St Josephine
Bakhita.

Thur. 10th Feb. 2022

St Scholastica,
virgin, memorial

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International Day of
the Sick.

Sat. 12th Feb.y 2022

Saturday Mass of
the B. V. Mary

Isaya 6:1-2a, 3-8

Mwaka ule alipokufa Mfalme Uzia, nilimwona Bwana amekaa katika kiti cha enzi kilichoinuka: mapindo ya vazi lake yamejaza hekalu. Maserafi walisimama juu yake: kila mmoja alikuwa na mbawa sita: wakaitana, kila mmoja na mwenzake, wakisema: “Mtakatifu, Mtakatifu, Mtakatifu, Bwana Mungu wa ulimwengu: dunia nzima imejaa utukufu wake.” Na misingi ya vizingiti ikatikisika kama sauti ya wenye kulia, nalo hekalu likajaa moshi. Nami nikasema, “Ole wangu, nimeangamia! Maana mimi ni mtu mwenye midomo michafu, makao

yangu ni kati ya taifa lenye midomo michafu, na macho yangu yamemwona Mfalme, Bwana wa majeshi!” Hapo mmoja wa maserafi akaruka upande wangu, akishika mkononi kaa la moto, alilotwaa altareni kwa koleo. Akanigusa kinywa kwa kaa hilo, akasema, “Tazama, hili limegusa midomo yako, uovu wako umeondolewa, na dhambi yako imesamehewa.”

Kisha nikasikia sauti ya Bwana, akisema: Nimtume nani? Nani atakayekuwa mjumbe wetu?

Nikaitika, “Mimi hapa, unitume mimi!”

Zaburi 138
K. Mbele ya malaika nitakuambia sifa, ee Bwana.

Nitakushukuru, ee BWANA, kwa moyo wangu wote; mbele ya malaika nitakuambia sifa. Nitakusujudu nikilielekea hekalu lako takatifu. K.

Nitalishukuru jina lako kwa ajili ya wema na uaminifu wako. Kwa maana umekuza kuliko yote jina lako na ahadi yako. Siku nilipokuomba ulinisikiliza; uliifariji nafsi yangu kwa kunitia nguvu. K.

Wafalme wote wa dunia watakutukuza, ee Bwana, watakapoyasikia maneno ya kinywa chako. Wataziambia njia za Bwana: “Kwani utukufu wa Bwana ni mkuu!” K.

Mkono wako wa kulia unanisalimisha; Bwana atatimiliza kwangu mpango wake. Ee Bwana, wema wako ni wa milele, usiziache kazi ya mikono yako! K.

1 Wakorintho 15:1-11

Ndugu nawakumbusha Injili niliyowahubiria. Mmeipokea na kuthibitika ndani yake. Na kwa nguvu yake mnaokolewa mkilishikilia neno nililowahubiria. Msipolishikilia, mlisadiki bure. Hasa niliwakabidhi niliyopokea mwenyewe, yaani: Kristo alikufa kwa ajili ya dhambi zetu, kama ilivyoandikwa, tena alizikwa, akafufuliwa siku ya tatu, kama Maandiko yasemavyo. Akamtokea Kefa, na baadaye wale Kumi na Wawili. Halafu akawatokea ndugu zaidi ya mia tano pamoja, ambao wengi wao wanaishi hata sasa, ila baadhi yao wameaga dunia. Baadaye akamtokea Yakobo, halafu mitume wote. Kisha, baada ya wote, akanitokea hata mimi, kama mtu aliyezaliwa nje ya wakati wake. Maana mimi ni mdogo kuliko mitume wote. Sistahili kuitwa mtume, kwa sababu nililitesa Kanisa la Mungu. Lakini kwa neema ya Mungu nimekuwa kama nilivyo, na neema yake haikuwa ya bure ndani yangu. Bali nilijitahidi zaidi ya wengine wote, kwa kweli si mimi, ila neema ya Mungu pamoja nami. Basi, mahubiri yangu na yao ni sawa, nayo mmeyasadiki.

Aleluya!

Njoni mnifuate, asema Bwana; nami nitawafanya kuwa wavuvi wa watu.

Aleluya.
Luka 5:1-11

Wakati ule: Watu wengi walipomsonga [Yesu] wapate kulisikiliza neno la Mungu, yeye alikuwa amesimama kando ya Ziwa la Genesareti. Akaona vyombo viwili vimepwelewa pwani; wavuvi wameshuka. wanaosha nyavu. Akapanda chombo kimoja, ndicho cha Simoni. akamwomba akitenge kidogo na pwani. Akaketi, akawafundisha makutano toka chomboni.

Baada ya mafundisho, akamwambia Simoni, “Rudisha chombo baharini, shusheni nyavu zenu kwa kuvua samaki.” Simoni akajibu, akamwambia, “Bwana, tumejitahidi sana usiku mzima tusipate kitu, lakini kwa

neni lako nitashusha nyavu.” Walipofanya hivyo, walinasama samaki wengi mno, hata nyavu zao zikaanza kukatika. Wakawaashiria wenzao waliokuwako katika chombo kingine waje kuwasaidia. Wakaja, wakajaza vyombo vyote viwili hata karibu ya kuzama. Simoni Petro alipoona hayo, alimwangukia Yesu magotini pake, akasema, “Ondoka kwangu, ewe Bwana, kwa maana mimi ni mtu mkosefu.” Maana mshangao ulimshika yeye na wote waliokuwa pamoja naye kwa sababu ya wingi wa samaki waliowanasa, kadhalika Yakobo na Yohane, wana wa Zebedayo, walikuwa washiriki wa Simoni. Yesu akamwambia Simoni, “Usiogope; tangu sasa utakuwa mvuvi wa watu.” Walipoviegesha vyombo pwani, wakaacha vyote, wakamfuata.



Isaiah 6:1 -2a.3-8

In the year that King Uzziah died I saw the Lord sitting upon a throne, high and lifted up; and his train filled the temple. Above him stood the seraphim; each had six wings. And one called to another and said: "Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory." And the foundations of the thresholds shook at the voice of him who called, and the house was filled with smoke. And I said: "Woe is me! For I am lost; for I am a man of unclean lips, and I dwell in the midst of a people of unclean lips; for my eyes have

seen the King, the LORD of hosts!" Then flew one of the seraphim to me, having in his hand a burning coal which he had taken with tongs from the altar. And he touched my mouth, and said: "Behold, this has touched your lips; your guilt is taken away, and your sin forgiven." And I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" Then I said, "Here am I! Send me." The word of the Lord.

R. In the presence of the angels I praise you. Psalm 138

I thank you, LORD, with all my heart; you have heard the words of my mouth. In the presence of the angels I praise you. I bow down towards your holy temple. R.

I give thanks to your name for your merciful love and your faithfulness. You have exalted your name and your promise over all. On the day I called, you answered me; you increased the strength of my soul. R.

All earth's kings shall thank you, O LORD, when they hear the words of your mouth. They shall sing of the ways of the LORD, "How great is the glory of the LORD!" R.

With your right hand you save me; the LORD will accomplish this for me. O LORD, your merciful love is eternal; discard not the work of your hands. R.

1 Corinthians 15:1-11

I would remind you, brethren, in what terms I preached to you the gospel, which you received, in which you stand, by which you are saved, if you hold it fast – unless you believed in vain. For I delivered to you as of first importance what I also received, that Christ died for our sins in accordance with the Scriptures, that he was buried, that he was raised on the third day in accordance with the Scriptures, and that he appeared to Cephas, then to the Twelve. Then he appeared to more than five hundred brethren at one time, most of whom are still alive, though some have fallen asleep. Then he appeared to James, then to all the apostles. Last of all, as to one untimely born, he appeared also to me.

For I am the least of the apostles, unfit to be called an apostle, because I persecuted the Church of God. But by the grace of God I am what I am, and his grace towards me was not in vain. On the contrary, I worked harder than any of them, though it was not I, but the grace of God which is with me. Whether then it was I or they, so we preach and so you believed.

Alleluia

Follow me, says the Lord, and I will make you fishers of men. Alleluia

Luke 5:1-11

At that time: While the people pressed upon Jesus to hear the word of God, he was standing by the lake of Gennesaret. And he saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, he asked him to put out a little from the land. And he sat down and taught the people from the boat. And when he had ceased speaking, he said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at your word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking,

they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed him.

SPIRITUAL GROWTH SEMINAR

Theme: Return to the Lord your God.

Joel 2:13

MORNING SESSION

9:00 AM TO 11:45 AM

DATE
13TH -19TH FEB 2022

VENUE:
HOLY GHOST CATHEDRAL

Facilitators | Jane Mwangi from Nairobi diocese
Francis Ouma from Mombasa

Host: Rev. Fr. Armogast Mdawida

EVENING SESSION

AFTER 5:30PM MASS TO 7:45PM
SUNDAY
2:00PM TO 4:00PM



Contd from pg 1

Reflection

the sons of Zebedee James and John to come and help them. Both boats were filled with fish, almost to the point of sinking. When Peter saw this sign he, the crowd and his partners were astonished, he realised Jesus was not an ordinary person, he knew this must be a holy man of God. He fell on his knees in front of Jesus and told Jesus, "Depart from me Lord for I am a sinful man." WE see here that when Peter encountered God just like Isaiah he was called to repentance. When we encounter God, we get a strong remorse for our sins, and as Isaiah was forgiven his sins, Simon's sins were also forgiven when Jesus told him "Do not be afraid, from now on you will be catching men" After bringing the boats to the shore, Peter, John and James left their boats and followed him.

The Word of God is powerful, for the word of God is Jesus himself. The Word of God is eternal life, it transforms lives. When Jesus touches you, you cannot remain the same. When Jesus gets into your life your life changes, your marriage changes, your business changes, your family changes, your focus changes to eternal things. Simon and his colleagues were fishermen, when Jesus entered their business it became an immediate success. Take your problems to Jesus, he came to set us free from any type of bondage. Are you having marital problems involve Jesus, is your business not doing well take it to Jesus, are you sick involve Jesus, do you suffer from anger, jealousy, drunkenness, greed, lack of self-control, fornication, involve Jesus he will set you free. Are you a thief, conman, bribe taker, bribe giver, liar? do you suffer from pride, use of dirty language? involve Jesus. Are you suffering from Demonic possession? call Jesus. If you are suffering from spiritual laziness, talk to Jesus. Is gossip your favorite way of passing time? Talk to Jesus. Are you a wife beater? talk to Jesus urgently.

The bible is full of many people who were touched by Jesus and their lives were transformed; to mention a few, the following received miraculous healing. The woman with haemorrhage for twelve years, the centurion's servant who was very ill, Jairus daughter who was very ill, Bartimeus the blind man whose sight was restored, Mary Magdalene who had seven demons cast out, resurrection of Lazarus, Peter's mother in law healed, the wedding feast at Cana where Jesus turned water into wine.

In summary, the readings today show,

1. *The power of the touch of God - When Isaiah, Peter and his colleagues were touched by God they were transformed.*
2. *The importance of obedience to God. (Peter received the miracle of fish and also became a fisher of men)*
3. *The importance of preaching the Word of God. (We are Christians today because somebody preached to us)*
4. *The importance of Giving thanks to God.*

People of God let us allow God to touch us through his word, through the Eucharist, keeping his commandments and living a sacramental life.



Mentorship Program



The Pentalletes Group in conjunction with
FALEC (Family Life Educators & Counselors) and
 Holy Ghost Cathedral Catholic Church invites **1 All children finishing class 8 to a mentorship program to be held in March 15- 23, 2022**



BOY TO MANHOOD



GIRL TO WOMANHOOD

Commonly known as Initiation into Responsible Adulthood Program (IRAP)

2 All Parents are invited to a pre-talk

- Parenting teenagers,
- Awareness on initiation program

Date : 12TH FEBRUARY 2022
 Venue : HOLY GHOST CATHEDRAL HALL
 Time : 2 - 4 pm

For registration and more information Contact /Whatsapp: Tel: 0745 499 723
 Email: thepentalletesgroup@gmail.com

SEMINAR

From 13th to 19th February 2022 there will be a Spiritual Growth Seminar in preparation for Lent. Morning session will be from 9:00am to 11:45 am and the evening session will be after 5:30pm Mass to 7:45pm. All are welcome.

BURA PILGRIMAGE.

There will be Archdiocese Bura pilgrimage on 26th of February 2022, priestly and deaconate ordination. The celebrations will be hosted by the Central Deanery; we are requested to participate fully. For those willing to travel, kindly register in your Jumuiyas, Associations or at the office. The payments to and from is Ksh. 1,900.

ANNOUNCEMENTS

