

CATHEDRAL *Weekly*

20th March 2022

PRICE: Kshs. 40/=

**A GUIDE TO THE
DAILY READINGS**

21st MARCH 2022

26th MARCH 2022

THIRD SUNDAY OF LENT



Mon. 21st March 2022

2 Kgs 5:1-15a; Ps 42
Lk 4:24-30.

Tues 22nd March 2022

Dn 3:25.34-43; Ps 25
Mt 18:21-35.

Wed. 23rd March 2022

Dt4:1.5-9;
Ps 147
Mt 5:17-19.

Thur. 24th March 2022

Jer 7:23-28; Ps 95
Lk 11:14-23.

Fri. 25th March 2022

THE ANNUNCIATION
OF THE LORD,
solemnity
Is 7:10-14; 8:10;
Ps 40
Heb 10:4-10.
Lk 1:26-38.

Sat. 26th March 2022

Hos 6:1-6; Ps 51
Lk 18:9-14.

Reflection

Third Sunday of Lent, Year C

Each year the first two Sunday's of Lent are linked with specific events in the life of Christ: the temptations he endured in the Judean desert and the Transfiguration on the mountain, as recorded in the Gospels. The third Sunday of Lent, though, is not so much centered on an event in Christ's life, but is concerned with Jesus' teaching on the patience, mercy and love of our God. The three readings assigned for this Sunday all touch on the importance of place hope in God, the All-Merciful and Giver-of-life, who is always ready to forgive transgressors.

The first lesson for Mass today recounts the memorable event of Moses before the burning bush at Horeb, the mountain of God. This profound experience of God's presence elicits such immense awe and even fear, that Moses hid his face. This confirms the notion that God's majesty is so great that no human being can gaze at it and live. But God is likewise near enough to tell Moses that the time has come for the Israelites to be freed from slavery in Egypt and that Moses would be the chosen instrument for bringing it about.

God assures Moses that he will not be alone, but under God's provident care and thus should proceed with confidence in God's saving help. The prophetic vocation of Moses shows clearly God's love and compassion, especially for the oppressed and downtrodden.

Continuing along the same line of thinking, Jesus uses in his preaching an image for God as a gardener and the challenge of growing plants and trees, which includes weeding out what is not-productive or dead. In the case of the fig tree being described in the Gospel, the chief gardener or

owner of the vineyard notices a fruitless tree and orders it to be cut down.

The vinedresser, though, pleads for another year, a further chance for the tree, in the hope that it may indeed bear fruit. The point being made by Jesus is that God is truly patient and merciful, more than willing to give innumerable chances for a change of heart, a deeper union, a fuller communion, with the living God. There comes a point, though, when in fact the human heart may be so far from God that nothing less than God's all-powerful grace can redirect it. The reality of free will always has to be taken into account, of course, with the reminder that God never forces us to act against our will, but lovingly invites us to share in God's life.

In this Sunday's Gospel passage Jesus is teaching his disciples never to let their lives be so out of control or far from God that the turning to God becomes more and more difficult, though never impossible. Our free will is just that: not being forced to choose for God and the ways of the Gospel, but truly free, leaving us with the ability to choose for God and life or seek the way of error and separation from God.

CONTD. PG 4

DUTY SCHEDULE FOR MARCH 2022

TODAY

07:00 AM BIKIRA MARIA / ST LUCY
08:00 AM ST GABRIEL
09:00 AM ST BENEDICT
11:00 AM ST MATHIAS MULUMBA
12:30 PM YCA
5:30PM ST ANTHONY /
ST PATRICK

CLEANING OF THE CHURCH:
19TH MARCH 2022
MARRIAGE ENCOUNTER/ST. MATILDA

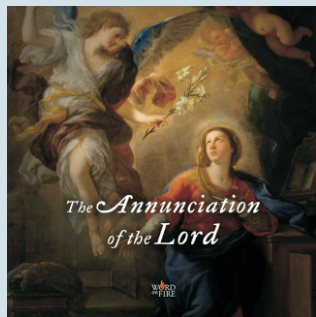
27th March. 2022

07:00 AM ST JUDE
08:00 AM CHARISMATIC
RENEWAL
09:00 AM ST ANNE
11:00 AM ALLIANCE OF TWO HEARTS
12:30 PM ST BHAKITA / ST. MATILDA
5:30PM ST HILDEGARD

CLEANING OF THE CHURCH:
26TH MARCH 2022
H G C W A


**UPCOMING
FEAST DAYS &
MEMORIALS**

Fri. 25th March 2022
**THE ANNUNCIATION
OF THE LORD,**
 solemnity



Life skills & Entrepreneurship
 Youth Workshop facilitated by
 KeMU Mombasa Campus
 supported
 by Catholic Archdiocese of
 Mombasa - Central Deneary


Kutoka 3:1 - 8a, 13-15

Siku zile: Musa alikuwa akichunga kondoo wa Yethro mkwewe aliye kuhani wa Midiani; aliwapitisha jangwani, akafika kwenye mlima wa Mungu, ndio Horebu. Malaika wa BWANA akamtokea katika sura ya moto uliowaka katikati ya kichaka.

Musa akatazama: kumbe kile kichaka kinawaka moto lakini hakiteketei. Hapo Musa akasema, "Nitajongea nipate kuona jambo hili la ajabu, nione kwa nini kichaka hicho hakiteketei." BWANA akamwona anakaribia apate kutazama vema, naye Mungu akamwita kutoka katikati ya kichaka: "Musa, Musa!" Akaitikia, "Mimi hapa." Hapo BWANA akasema: "Usikaribie hapa. Vua viatu vyako miguuni mwako, kwa maana mahali hapo unaposimama ni nchi takatifu." Tena Mungu akasema: "Mimi ni Mungu wa baba yako, Mungu wa Abrahamu, Mungu wa Isaka, na Mungu wa Yakobo."

Basi Musa akajifunika uso, akiogopa asimwangelie Mungu. Bwana akasema: "Mimi nimeona, nimeyaona mateso ya watu wangu wanaokaa Misri. Nimesikia kilio wanachotoa sababu ya wasimamizi wao wadhalimu. Kweli, nayajua mateso yao.

Mimi nimeshuka chini kuwaokoa katika mikono ya Wamisri, niwapandishe kutoka nchi hiyo, niwapeleke katika nchi iliyo njema tena kubwa, katika nchi inayotiririka maziwa na asali."

Hapo Musa akamwambia Mungu, "Iwe hivyo! Mimi nitafika kwa wana wa Israeli, na kuwaambia: 'Mungu wa baba zenu amenituma kwenu!' Lakini wakiniuliza, 'Jina lake nani,' nitawajibu nini?" Mungu akamwambia Musa: "MIMI NIKO AMBAYE NIKO." Akaendelea kusema: "Ndivyo utakavyoambia wana wa Israeli: MIMI NIKO ndiye aliyenituma kwenu." Tena Mungu akamwambia Musa: "Utawaambia hivi wana wa Israeli: Bwana Mungu wa baba zenu, Mungu wa Abrahamu, Mungu wa Isaka, na Mungu wa Yakobo amenituma kwenu."

Zaburi 103

K. Bwana ni mwenye huruma na neema.

Umsifu Bwana, ee nafsi yangu; na yote yaliyo ndani yangu, yalisifu jina lake takatifu! Umsifu Bwana, ee nafsi yangu; wala usizisahau fadhili zake zote. K.

Yeye anasamehe dhambi zako zote, anaponya magonjwa yako yote, Yeye anaukomboa uhai wako na kaburi, anakuvika taji la fadhili na rehema. K.

Bwana anatenda mambo ya adili, na haki kwa wote wanaogandamizwa. Alimjulisha Musa njia zake, wana wa Israeli matendo yake. K.

Bwana ni mwenye huruma na neema, hakasiriki upesi, ni mwingi wa fadhili. Maana kama vile mbingu zinavyoinuka juu ya nchi, ndivyo wema wake ulivyo mkuu kwa wamchao. K.

1 Wakorintho 10:1-6, 10-12

Ndugu, nataka mjue ya kuwa baba zetu waliongozwa wote na wingu, na wote walivuka bahari. Basi wote walibatizwa katika wingu na bahari wawe wa Musa. Wote walikula chakula kile kile cha kiroho. Na wote walikunywa kinywaji kile kile cha kiroho.

Kwa maana waliunywea mwamba wa kiroho uliofuatana nao. Na mwamba ule ulikuwa ni Kristo. Lakini si wengi wao waliompendeza Mungu. Hivyo, waliangamizwa jangwani. Hayo yalitendeka kwa kutuonya sisi, tusije tukatamani mabaya kama wale walivyotamani. Wala msinung'unike kama wengine wao walivyoning'unika, wakauawa na mwangamizi. Hayo yote yaliwapata kwa jinsi ya mifano, yakaandikwa yatuonye sisi tuliofikiwa na nyakati za mwisho. Kwa hiyo anayejiona amesimama, na aangelie asianguke.

SHANGILIO LA INJILI

Sifa na utukufu kwako, ee Kristo.

Tubuni, asema Bwana kwa maana ufalme wa mbingu umekaribia.

Sifa na utukufu kwako, ee Kristo.

Luka 9:28b-36

Wakati ule ule, baadhi ya watu walifika wakampasha Yesu habari ya Wagalilaya ambao Pilato alichanganya damu yao na damu ya sadaka zao. Akawajibu akisema, "Je, mwadhani ya kuwa Wagalilaya hao walikuwa wakosefu wabaya zaidi kuliko Wagalilaya wote, hata wakapatwa na mateso hayo? Nawaambieni, sivyo! Lakini msipotubu, ninyi nyote mtaangamia kwa namna hiyo hiyo! Au mwadhani ya kwamba wale kumi na wanane, ambao mnara wa Siloamu uliwaangukia na kuwaua, walikuwa wakosaji kuliko wakazi

ninyi nyote mtaangamia vivyo hivyo!" wote wa Yerusalemu? Nawaambieni, sivyo! Lakini msipotubu, Akasema mfano huu, "Mtu fulani alikuwa amepanda mtini katika shamba lake la mizabibu, kisha akaenda kutafuta matunda iuu yake, asione, akamwambia mtunza bustani, 'Tazama, tangu miaka mitatu ninakuja kutafuta matunda katika mtini huu, nisipate kitu. Basi ukate. Kwa nini uiharibu ardhi?'

Naye akamjibu, 'Bwana, uuache bado mwaka huu, nipate nafasi ya kuupalilia pande zote na kutia mbolea. Ukizaa matunda, vema. Usipozaa, ukate.'"



Exodus 3:1-8a.13-15

In those days: Moses was keeping the flock of his father-in-law, Jethro, the priest of Midian; and he led his flock to the west side of the wilderness, and came to Horeb, the mountain of God. And the angel of the LORD appeared to him in a flame of fire out of the midst of a bush; and he looked, and behold, the bush was burning, yet it was not consumed. And Moses said, "I will turn aside and see this great sight, why the bush is not burnt." When the LORD saw that he turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here am I." Then he said, "Do not come near; put off your shoes from your feet, for the place on which you are standing is holy ground." And he said, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the LORD said, "I have seen the affliction of my people who are in Egypt, and have heard their cry because of their taskmasters; I know their sufferings, and I have come down to deliver them out of the hand of the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey."

Then Moses said to God, "If I come to the sons of Israel and say to them, 'The God of your fathers has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." And he said, "Say this to the sons of Israel, 'I am has sent me to you.'" God also said to Moses, "Say this to the sons of Israel, 'The LORD, the God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': this is my name for ever, and thus I am to be remembered throughout all generations."

R. *The Lord is compassionate and gracious.* **PSALM 103**

Bless the LORD, O my soul,
and all within me, his holy name.
Bless the LORD, O my soul,
and never forget all his benefits. R.

It is the Lord who forgives all your sins,
who heals every one of your ills,
who redeems your life from the grave,
who crowns you with mercy and compassion. R.

The LORD does just deeds,
gives full justice to all who are oppressed.
He made known his ways to Moses,
and his deeds to the children of Israel. R.

The LORD is compassionate and gracious,
slow to anger and rich in mercy.
For as the heavens are high above the earth,
so strong his mercy for those who fear him. R.

1 Corinthians 10:1-6.10-12

I want you to know, brethren, that our fathers were all under the cloud, and all passed through the sea, and all were baptised into Moses in the cloud and in the sea, and all ate the same supernatural food and all drank the same supernatural drink. For they drank from the supernatural Rock which followed them, and the Rock was Christ. Nevertheless with most of them God was not pleased; for they were overthrown in the wilderness.

Now these things are warnings for us, not to desire evil as they did, nor grumble, as some of them did and were destroyed by the Destroyer. Now these things happened to them as a warning, but they were written down for our instruction, upon whom the end of the ages has come. Therefore let any one who thinks that he stands take heed lest he fall.

VERSE BEFORE THE GOSPEL

Glory and praise to you, O Christ.

Glory and praise to you, O Christ.

Repent, says the Lord, for the kingdom of heaven is at hand.

Glory and praise to you, O Christ.

Luke 13:1-9

There were some present at that very time who told Jesus of the Galileans whose blood Pilate had mingled with their sacrifices. And he answered them, "Do you think that these Galileans were worse sinners than all the other Galileans, because they suffered thus? I tell you, No; but unless you repent you will all likewise perish. Or those eighteen upon whom the tower in Siloam fell and killed them, do you think that they were worse offenders than all the others who dwelt in

Jerusalem? I tell you, No; but unless you repent you will all likewise perish." And he told this parable: "A man had a fig tree planted in his vineyard; and he came seeking fruit on it and found none. And he said to the vinedresser, 'Behold, these three years I have come seeking fruit on this fig tree, and I find none. Cut it down; why should it use up the ground?' "And he answered him, 'Let it alone, sir, this year also, till I dig about it and put on manure. And if it bears fruit next year, well and good; but if not, you can cut it down.'"



Contd from pg 1

Reflection

That we want to avoid at all costs. It is never too late to turn to God. Someone has said that we Christians speak much about God but in fact very little to God. In Lent we are being called to speak to God, to be people of prayer, striving for union with our Maker, at all times and everywhere. Our annual observance of Lent, forty days of special prayer, fasting and almsgiving or doing good, is a golden opportunity to meet our God and belong more fully to the One who ultimately satisfies the longings of the human heart.

Today is the acceptable time to return to God and to produce fruit in our life, the time to experience God's loving mercy and to offer our forgiveness to those who have offended us in the past or are offending us now. This is the acceptable time to be kind-hearted and give others another chance. Christ can more freely enter our lives under such conditions, when we leave ourselves open to true life and love.

When we unite to celebrate the Eucharist in our Church we experience the presence of God in our midst and we thank God for such goodness and patience with us. Salvation history is the story of God's redeeming mercy, expressed in faithful patience with all people past, present and to come. And "another year" is being offered to us to bear fruit.

The good fruit includes love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control (see Galatians 5:22-23). And the greatest fruit produced is love and forgiveness toward all. We are only able to do this by the grace of God. May God's grace come abundantly into our lives today and throughout these forty days of Lent.

"Those who hope in the Lord will renew their strength," says the prophet Isaiah (40:31). Hope here is to be understood as closely linked to the virtue of waiting, of being patient. In Spanish, for example, the word "esperar," means both to wait and to hope. "Saber esperar," means to know how to hope and to know how to wait.

This is how God acts toward us and we are called to do likewise in our relationship to God and one another. "By waiting and by calm you shall be saved," the prophet Isaiah also wrote (Is 30:15).

The Lord has promised to be at our side in good times and bad, in joy and in sorrow, and in this we can take great delight, for our God will never abandon us.



Above: Catechumens being prepared for baptism & First Holy communion .
Below: CMA members during their Novena for St. Joseph .



Life skills & Entrepreneurship Youth Workshop facilitated by KeMU Mombasa Campus

