



# CATHEDRAL *Weekly*

13th March 2022

PRICE: Kshs. 40/=

**A GUIDE TO THE  
DAILY READINGS**

14th MARCH 2022

19th MARCH 2022

SECOND SUNDAY OF LENT



**FARE  
THEE  
WELL**

Requiem mass for the late Elizabeth Koki. May her soul rest in eternal peace.



Mon. 14<sup>th</sup> March 2022

Dn 9:4b-10; Ps 79

Lk 6:36-38.

Tue. 15<sup>th</sup> March 2022

Is 1:10.16-20; Ps 50

Mt 23:1-12.

Wed. 16<sup>th</sup> March 2022

Jer 18:18-20; Ps 31

Mt 20:17-28.

Thur. 17<sup>th</sup> March 2022

Jer 17:5-10; Ps 1

Lk 16:19-31.

Fri. 18<sup>th</sup> March 2022

Gn 37: 3-4.12-13a.

17b-28a; Ps 105

Mt 21:33-43.45-46.

Sat. 19<sup>th</sup> March 2022

**ST JOSEPH, SPOUSE  
OF THE B.V. MARY,  
solemnity**

2 Sm 7:4-5.12-14.16;

Ps 89:2-5.27.29.

Rom 4:13.16-18.22.

Mt 1:16.18-21.24

(or: Lk 2:41-51).

## Reflection

# The Glory And Splendor Of Christ

**O**n this second Sunday of Lent, the church encourages us not to rest in the material comforts of this world. Rather, we should march towards the Promised Land and our future glory. If we succeed in getting there, the Lord in whom we put our trust and faith will transfigure our mortal bodies into the likeness of his glorified body.

Once, a woman fell into a coma for a few hours. Waking up, she was sad and said to her children: "You should have allowed me to remain there." Her children told her that they loved her so much, and still needed her. She was still describing the beauty and splendor of the city she saw when her little daughter cried out: "Mummy, you were already in heaven. Please, let us go back there right now!" Like the apostles, this woman had a glimpse of the glory and splendor of the Eternal City. So, she did not want to return to this world.

Today, our first reading and gospel have a lot in common. Both of them narrate the revelation of the glory and splendor of the future. First, due to his faith, God revealed to Abraham the glory that would be his in future. Not only did God reveal this to Abraham, He sealed it with a covenant. This is as an assurance that He will fulfill his promise to Abraham.

In the gospel, Jesus revealed his future glory to Peter, James and John who are collectively referred to by bible scholars as: "Members of the inner circle." They saw the glory and splendor of God revealed in Christ who represents the

New Covenant; in Moses, who represents the Law; and in Elijah who represents the Prophets. The transfiguration of Christ before His disciples is of great significance, and has lots of lessons for us.

Christ could have gone to the mountain alone, but he decided to take them with him. This was in order to assure His disciples that they were not wasting their time by following him. He did it in order to increase and strengthen their faith in Him. He did it in order to resolve the argument about his personality. Most importantly, He did it in order to assure us of the future glory that we would enjoy if we remain faithful to the end.

Another important lesson we must learn from today's gospel, comes from this narrative: "...Peter and his companions were heavy with sleep but they remained awake and saw his glory." Of course, after a stressful day of mountain climbing, the disciples were tired. However, because they were curious and wanted to know why Christ brought them there, they struggled to be awake. Physically, they were asleep, but spiritually, they were awake in order to accomplish the task that brought them there.

CONTD. PG 4

### DUTY SCHEDULE FOR MARCH 2022

#### TODAY

07:00AM ST JOHN  
THE BAPTIST

08:00 AM ST JOSEPH

09:00 AM ST MONICA

11:00 AM HOLY SPIRIT

12:30 PM YOUTH

5:30PM CHRIST THE KING

CLEANING OF THE CHURCH:

12TH MARCH 2022

CHARISMATIC

#### 20th March. 2022

07:00 AM BIKIRA MARIA / ST LUCY

08:00 AM ST GABRIEL

09:00 AM ST BENEDICT

11:00 AM ST MATHIAS MULUMBA

12:30 PM YCA

5:30PM ST ANTHONY /

ST PATRICK

CLEANING OF THE CHURCH:

19TH MARCH 2022

MARRIAGE ENCOUNTER/ST. MATILDA


**UPCOMING  
FEAST DAYS &  
MEMORIALS**
**Thur. 17<sup>th</sup> March 2022**

The optional memorial of St Patrick may be celebrated as a commemoration, except in Nigeria where it is celebrated as a feast.

**Friday 18<sup>th</sup> March 2022**

The optional memorial of St Cyril of Jerusalem is celebrated as a commemoration.

**Sat. 19<sup>th</sup> March 2022**

**ST JOSEPH, SPOUSE  
OF THE B. V. MARY,  
solemnity**

**CMA DURING ST. JOSEPH NOVENA**

**SEND OFF MOMENTS**

**Mwanzo 15:5-12, 17-18**

**W**akati ule: Bwana alimleta Abram ule, akasema: "Tazama mbinguni, hesabu nyota, kama waweza kuzihesabu." Akamwambia: "Ndivyo uzao wako utakavyokuwa." Abram akamwamini BWANA, naye Bwana akamhesabia jambo hilo kuwa haki. Akamwambia: "Mimi ndimi Bwana niliyekutoa toka Uru wa Wakaldayo, nikupe nchi hii iwe yako." Abram akamwambia, "Ee Bwana, nitajuaje ya kuwa nitapewa iwe yangu?" Akamwambia: Unipatie ndama wa miaka mitatu, mbuzi jike wa miaka mitatu,

kondoo dume wa miaka mitatu, hua na mwana njiwa. Abram akamletea wanyama hao wote, akawapasua katikati, akaweka kila kipande kuelekeana na kingine; lakini ndege hakuwapasua. Na tai wakaishukia ile mizoga, lakini Abram akawafukuza. Jua lilipokuwa likishuka, usingizi mzito ukamshika Abram, na hofu na giza vikamwangukia. Jua lilipokwisha kushuka, na giza kuenea, tanuri ya moshi na mwenge wa moto vikapita kati ya vipande vile vya nyama. Siku ile Bwana akafanya agano na Abram akisema: "Nimeupatia uzao wako nchi hii, kutoka mto wa Misri, mpaka mto mkubwa, Mto Eufrate."

**Zaburi 27**
***K. Bwana ni mwanga wangu na wokovu wangu.***

Bwana ni mwanga wangu na wokovu wangu; nimwogope nani?  
Bwana ni kinga ya uzima wangu; nimhofu nani? K.

Usinifiche uso wako;  
usimkatae kwa hasira mtumishi wako.  
Wewe ndiwe msaada wangu;  
usinitupe; wala usiniache mwokozi wangu! K.

Ee Bwana, usikie sauti yangu ninapokulilia; unihurumie, unijibu.  
Moyo wangu unasema, "Njoo utafute uso wake Mungu".  
Nitautafuta uso wako, ee Bwana! K.

Naamini ya kuwa nitauona wema wa Bwana katika nchi ya walio hai.  
Umngoje Bwana, uwe hodari;  
ujipe moyo, naam, umngoje Bwana! K.

**Wafilipi 3:17-4:1**

**N**dugu, mniige mimi! Waangalieni wale wanaopanga mwenendo wao kadiri ya mfano tuliwapeni. Maana wengi - nimewaambieni mara nyingi, na sasa nawaambia kwa machozi - huishi kama adui wa msalaba wa Kristo. Mwisho wao ni uharibifu; mungu wao ni tumbo; hujisifia aibu yao, akili zao ni kwenye mambo ya dunia. Bali kwetu ni mbinguni; na kutoka mbinguni atakuja mwokozi, Bwana Yesu Kristo, tunayemtazamia. Naye ataubadili mwili wetu wa unyonge, upate kufanana na mwili wake wa utukufu. Atafanya hayo kwa enzi ile inayomwezesha kuuweka ulimwengu wote chini ya mamlaka yake. Basi, ndugu zangu wapendwa niwatunukao sana, mlio furaha yangu na taji langu, simameni imara katika Bwana, enyi wapendwa.

**SHANGILIO LA INJILI**
***K. Sifa na utukufu kwako, ee Kristo.***
***W. Sifa na utukufu kwako, ee Kristo.***
***K. Sauti ya Baba ikatoka katika wingu lile jeupe ikisema,***
***Huyu ni mwanangu mpendwa, msikilizeni yeye.***
***W. Sifa na utukufu kwako, ee Kristo.***
**Luka 9:28b-36**

**W**akati ule: [Yesu] aliwachukua Petro na Yohane na Yakobo, akapanda mlimani ili asali. Alipokuwa akisali, sura ya uso wake ikageuka, mavazi yake yakawa meupe na kung'aa. Mara watu wawili walikuwa wakizungumza naye, ndio Musa na Eliya, walionekana katika utukufu, wakanena juu ya kutoka kwake atakakotimiza Yerusalemu. Petro na wenzake walikuwa wameshikwa na usingizi, lakini walipoamka, waliona utukufu wake na wale watu wawili wakisisimama naye. Nao walipotaka kuagana

naye, Petro alimwambia Yesu, "Mwalimu, ni vizuri kwetu kukaa hapa; tutajenga vibanda vitatu, kimoja chako, kimoja cha Musa, na kimoja cha Eliya." Lakini hakujua alilosema. Aliposema hayo, likatokea wingu, likawatia uvuli, nao wakaogopa walipoingia katika wingu hilo.

Kisha sauti ikatoka katika wingu ikisema, "Huyu ni mwanangu mpendwa, msikilizeni yeye." Sauti ilipomaliza kusema, Yesu alionekana peke yake. Nao wakashika siri juu ya mambo hayo waliyoyaona, wala hawakumwambia mtu wakati ule.



**Genesis 15:5-12.17-18**

In those days: God brought Abram outside and said, "Look towards heaven, and number the stars, if you are able to number them." Then he said to him, "So shall your descendants be." And he believed the LORD; and he reckoned it to him as righteousness. And he said to him, "I am the LORD who brought you from Ur of the Chaldeans, to give you this land to possess." But he said, "O Lord GOD, how am I to know that I shall possess it?" He said to him, "Bring me a heifer three years old, a she-goat three years old, a ram three years old, a turtledove, and a young pigeon."

And he brought him all these, cut them in two, and laid each half over against the other; but he did not cut the birds in two. And when birds of prey came down upon the carcasses, Abram drove them away. As the sun was going down, a deep sleep fell on Abram; and behold, a dread and great darkness fell upon him. When the sun had gone down and it was dark, behold, a smoking fire pot and a flaming torch passed between these pieces. On that day the LORD made a covenant with Abram, saying, "To your descendants I give this land, from the river of Egypt to the great river, the river Euphrates."

**R. The Lord is my light and my salvation.**

The LORD is my light and my salvation;  
whom shall I fear?  
The LORD is the stronghold of my life;  
whom should I dread? R.

O LORD, hear my voice when I call;  
have mercy and answer me.  
Of you my heart has spoken, "Seek his face." R.

**PSALM 27**

It is your face, O LORD, that I seek;  
hide not your face from me.  
Dismiss not your servant in anger;  
you have been my help. R.

I believe I shall see the Lord's goodness  
in the land of the living.  
Wait for the LORD; be strong;  
be stouthearted, and wait for the LORD! R.

**Philippians 3:17-4:1**

Brethren, join in imitating me, and mark those who so walk as you have an example in us. For many, of whom I have often told you and now tell you even with tears, walk as enemies of the cross of Christ. Their end is destruction, their god is the belly, and they glory in their shame, with minds set on earthly things. But our commonwealth is in heaven, and from it we await a Saviors, the Lord Jesus Christ, who will change our lowly body to be like his glorious body, by the power which enables him even to subject all things to himself. Therefore, my brethren, whom I love and long for, my joy and crown, stand firm in this way in the Lord, my beloved. The word of the Lord.

**Or shorter: Philippians 3:20-4:1**

A reading from the Letter of Saint Paul to the Philippians

Brethren: Our commonwealth is in heaven, and from it we await a Saviour, the Lord Jesus Christ, who will change our lowly body to be like his glorious body, by the power which enables him even to subject all things to himself. Therefore, my brethren, whom I love and long for, my joy and crown, stand firm in this way in the Lord, my beloved.

**VERSE BEFORE THE GOSPEL**

*V. Glory and praise to you, O Christ*

*R. Glory and praise to you, O Christ.*

*V. From the shining cloud the Father's voice is heard:  
this is my beloved Son, hear him.*

*R. Glory and praise to you, O Christ.*

**Luke 9:28b-36**

At that time: Jesus took with him Peter and John and James, and went up on the mountain to pray. And as he was praying, the appearance of his countenance was altered, and his clothing became dazzling white. And behold, two men talked with him, Moses and Elijah, who appeared in glory and spoke of his exodus, which he was to accomplish at Jerusalem. Now Peter and those who were with him were heavy with sleep but kept awake, and they saw his glory and the two men who stood with him.

And as the men were parting from him, Peter said to Jesus, "Master, it is well that we are here; let us make three booths, one for you and one for Moses and one for Elijah"— not knowing what he said. As he said this, a cloud came and overshadowed them; and they were afraid as they entered the cloud. And a voice came out of the cloud, saying, "This is my Son, my Chosen; listen to him!" And when the voice had spoken, Jesus was found alone. And they kept silence and told no one in those days anything of what they had seen.



Contd from pg 1

# Reflection

Like these apostles, we too must remain spiritually awake this season in order to experience God's glory. If we must behold the glory of God revealed in Jesus Christ, we must be ready to make much sacrifice.

The Lenten season offers us the opportunity to make sacrifices. It prepares us for the future glory through prayers, good works, reflections, and self denials. It is a time when we grow in grace in order to advance faithfully to the mountain of God's glory.

This season, we must be spiritually attentive in order to know what Christ wishes to communicate to us through his Paschal Mystery. If we understand it, we would be better positioned to partake in the glory of His resurrection. In order to achieve this, Paul advised us to: "Remain faithful to our Lord Jesus Christ," because he is, "Our light and our help." Peace be with you!

**ALL CATHOLIC MEDICAL PROFESSIONALS**  
 ARE REQUESTED TO MEET  
**ON 20TH MARCH 2022**  
**AFTER 8 O'CLOCK MASS**  
 TO DISCUSS  
**MEDICAL MATTERS**  
**OF THE PARISH**  
 BEHIND THE SECRETARIAT MEETING SHADE

- 1 CMA members renewing their oath during their dominica
- 2 Way of the cross by children
- 3 Requiem mass for the late Elizabeth Koki
- 4 Launch of # hashtag sunday by CJPC



1  
2  
3  
4



## FOR HIRE

**10 SEATER VAN**  
**CALL ANGELO 0719 670 220**  
**FOR BOOKING**



**#hashtag Sunday**

CJPC OBJECTIVE:  
 To promote Justice and challenge oppressive structures in society.

Some programmes that CJPC undertakes include:

- Governance and Democracy
- Peace Building and Conflict Resolution
- Lenten Campaign
- Kenya Conference of Catholic Bishops - Catholic Justice & Peace Department
- Transformative Civic education
- Voter Education and Election Observation
- Inter-religious Dialogue

**M-PESA PAYBILL**  
**8 2 1 8 7 0**